

	1	4
	2 3	5 6
	+2	-1
	+1	
	+1	-2
	-1	-1
Tiles		
X		

Broken Bones:



Your last fight got physical, and you visit the ER. You have multiple fractures. Roll a dice. If you roll:
 1, 2, 3: Your nurse is trained in discussing domestic violence and you tell her about your relationship. **(+2 Education, +1 Autonomy, +1 Community, -1 Life).**
 4, 5, 6: Your nurse is dismissive and sneers when you tell her you tripped on the sidewalk. You decide to not ever tell anyone else. **(-1 Education, -2 Community, -1 Life).**

Your BF is mad at the bill and forbids you from going to the ED ever again. **Place an X tile on a Health resource.**

	-1
	-2
	-1

Passport



You are planning to visit friends from college. He doesn't want you to go and you get in a fight. You threaten to leave. He says he'll track you down. You say you could leave the country since he doesn't have a passport. He cuts up your passport.

(-1 Education, -2 Autonomy, -1 Community)

	+1
	-1
	-1
Tiles	
X	+

Speeding Ticket



You get a speeding ticket **(-1 Savings)**. Your partner calls you names, says you are a terrible parent and that you always ruin everything. **(-1 Autonomy)**. The kids are no longer allowed to ride in the car with you. **Place a X tile on an Autonomy space AND replace one kid with an X tile, if applicable.**

You start to realize your partner will get angry at you no matter what you do. **(+1 Education.)**

	-1
	-1

Co-Workers



You hear co-workers gossiping about your most recent bruises in the bathroom at work. You are deeply ashamed and resolve to buy better cover-up and not let anyone else know about your problems at home. **(-1 Education, -2 Community)**

	-1
	-1
	+1
Tiles	
X	

Sleep through your alarm



You've been working two jobs and you're exhausted. You sleep through your alarm. You've been distracted at work due to worsening fights with your partner and boss is fed up with your poor performance at work. You're fired. **(-1 Savings, -1 Autonomy, Place an X tile on a Money space.)**

You reach out to a friend while looking for a new job. **(+1 Community)**

TRO?	Yes	No
	+2	-1
	+1	-1
	+1	-1
X		
Sit out next fight if you have a TRO		

Your Planner



You leave your partner after your last fight. He goes through your planner and shows up at a work meeting demanding to speak to you. If you have TRO he/she is arrested and you disclose your situation to your boss, who is very supportive. **(+2 Autonomy, +1 Community, +1 Savings, sit out the next fight.)**

If you do not, you lose your job. **(-1 Autonomy, -2 Savings, -1 Community, place an X tile on Money).**

	Lose all info cards
	-2
	-1
	-1
Tiles	
X	

Traumatic Brain Injury



You are hit multiple times in the head and knocked unconscious by the end of the fight. You continue to have difficulties with your memory.

(-2 Education, lose all your Information cards, -1 Life, -1 Autonomy).

If you do not have a safety plan in place (Life $\leq 3/10$), then **place an X tile on an Education space.**

	1	4
	2	5
	3	6
	-1	
	+1	
		-1
Tiles		
X	+1	
		+1

Textbooks



Your partner says you're too smart for your own good and burns your textbooks. **Roll to try to save them.**

1, 2, 3 – They're too far gone to save and they quickly go up in flames. However, your partner feels bad and understands that you need to spend more time studying with a classmate, who you become close friends with. **(-1 Education, -1 Autonomy, -1 Savings, +1 Community, add a Friend tile to the board).**

4, 5, 6 – You save your books but burn your hand and the fight continues. **(-1 Life, draw +1 Event Card).**

	-1
	-2
	+2
Tiles	
X	

Gender Roles



He defines gender roles. Says he should be the man of the house and he should wear the pants. It seems so backward and outdated, but it also doesn't seem like it's worth fighting over.

He also says the man should drive. You're no longer allowed to drive your car when you go places together. **(+2 Life, -2 Autonomy, -1 Education, Place an X tile on an Opportunity space.)**

	1	4	OR... let your partner borrow:
	2	5	
	3	6	
	+1	-1	-1
	+1		-3
		-1	
		+2	

Rent



Your partner wants to borrow money to pay his/her rent.

EITHER let your partner borrow money **(-3 Savings, -1 Autonomy)**

OR: You may attempt to establish boundaries by rolling a die:

1, 2, 3 – You stand up for yourself and also make your partner pay back the other money he/she borrowed in the past. **(+1 Autonomy, +1 Savings).**

4, 5, 6 – Your partner doesn't respond well and a fight starts. You don't allow him/her to borrow money, but the fight gets out of hand. **(Draw +2 Event cards, -1 Autonomy, -1 Health)**

	-2
	-2
	-1
Tiles	
X	
If $\geq 6/10$, this card has no effect	

Doctor's Appointment



Your doctor gets frustrated and tells you, "You should just leave, already!"

You try to explain why you can't, but you can't seem to make your doctor understand.

You leave feeling ashamed, angry and unfairly judged, and you resolve to never tell anyone again.

(-2 Education, -2 Community, -1 Life, Place an X tile on a Health)

	+1
	-1
	-1
Tiles	
X	

Phone Bill



Your partner has been accusing you of being distant and having an affair despite your reassurances. He/She goes through your phone records on your shared phone bill and calls all the unknown numbers and finds out that you called the DV hotline.

(-1 Education, -1 Autonomy, place an X tile on Information, draw an additional event card).

* If you have Health Insurance (Life $\geq 6/10$), then you are immune to this card.

National Domestic Violence Hotline:
1-800-799-SAFE (7233)

	-2
	-3
	-3
Tiles	
X	

Monitoring

Your partner installs spyware on your phone. You don't realize until you try to leave discretely while he's at work. He was tracking your phone and your car.



He drains your bank account when you told him that you left. He shows up at the women's shelter and convinces you that he won't be mad if you just come back.

You both know that it will be impossible to survive on your own with no money. You are banned from the shelter because he showed up there.

(-2 Autonomy, -3 Savings, -2 Community. Place an X tile on an F&F space)

	-1
	-2
	+1
	-1
Tiles	
X	-1
	+1
	+1

Marriage

You get married, buy a house and have a kid hoping that this will make your relationship better by proving your commitment to your partner.



(-1 Education, -2 Autonomy, +1 Savings, -1 Community, remove an X tile, add a house and a Kid Tile to the board)

	+1
	+1
	-2
	-1
Tiles	
	If 1 or 2:
X	

Alcoholism

Your partner has been drinking heavily due to stress at work. He/she gets angry when drunk and you don't know how to reason with him/her to avoid conflict. The fights get worse and more frequent (-1 Life, -2 Community, & draw an additional event card). You become accustomed to the violence and realize that no one has the right to treat you this way. You realize that you need to get out of this relationship (+1 Education, +1 Autonomy). You start drinking more too.



Roll: If 1 or 2, you develop an alcohol problem. Place X tiles on 1 Life and on 1 Education space.

	-2
	-1
	-1
Tiles	
X	-1

Recovering

You slip on an icy patch of pavement and break your ankle. While you're recovering, your partner is very sweet and takes care of you every day. You are very grateful to have such a loving relationship, and you can't imagine what would've happened if your partner wasn't there to help. Your relationship is the best it's ever been.



(-2 Autonomy, -1 Savings, -1 Life, remove an X tile from the board)

TRO?	Yes	No
	-1	-2
		-1
	-1	-3
		-1

Out of Jail

He hit you in the stomach during an argument at a friend's birthday party. Other people saw and pressured you to leave him and file a police report. You were afraid, but you did. He went to jail for 30 days and just got out. He shows up at your door. He's very angry and he has a knife. He makes you promise to never snitch on him again and blames you for the jail time. **(-2 Autonomy, -1 Community, -3 Life).** You



believe he is angry enough to kill you, so you know you need to do whatever he says. **(Lose an apartment on an Autonomy space).**

***If you have a TRO (Autonomy $\geq 5/10$), the cops come within minutes, so it's not that bad, and he treats you nicer after that. (Only -1 Autonomy and -1 Life).**

	+2
	-2
	-3
	-1
Tiles	
	-All

College

Your youngest kid graduates high school and heads off to college out-of-state. You're so proud of her. Unfortunately, your partner doesn't see the point of going to college especially when it's so expensive and now that there are no kids in the house, fights worsen and become more frequent as a result. **(-2 Autonomy, -3 Savings, -1 Community, draw 2 more event cards, remove all kid tiles from the board)**



	+1
	-2
	
	+1
	-1

Attempted Suicide



You broke up and left with the kids. You are safe but you are still talking to your partner for the kids' sake. Your partner says he cannot imagine living without you and attempts suicide. His mom calls you from the hospital where he is recovering.

She blames you and says that, *"Your kids need both their parents. Stop whining and pull your weight in this relationship. Shame on you. He needs you right now, how could you be so cold and heartless?"*

You go back to take care of him, but you made good friends at the shelter and you are seeing a therapist now. (-2 Autonomy, -1 Life, +1 Community, +1 Education)

	1	4
	+2	-2
	+2	-3
	+2	-2
	+1	-4
		
		+2

Primary Care Doctor:



Your partner is in the waiting room, but you finally decide to trust your doctor and disclose the abuse. Roll the dice: 1, 2, 3 – Your doctor tells you that it's not your fault and that no one deserves to be treated that way. He does a Danger Assessment, helps you make a safety plan, connects you to DVAC on the office phone, and refers you to therapy. You're relieved that he was so helpful and understanding. (+2 Education, +2 Autonomy, +2 Community, +1 Life)

4, 5, 6- Your doctor asks why it took so long to tell him and asks whether previous injuries were non-accidental as well. Despite your pleas, he calls security and confronts your partner in the waiting room before having your partner escorted off the premises. You know you will pay for this embarrassing scene tonight.

Why did you think it was a good idea to open your big mouth, you dummy?
(-2 Education, -3 Autonomy, -2 Community, -4 Life, draw 2 more event cards and place an X tile on Health)

	-2
	-1
	
	-2
	
Tiles	
	

Social Media



An old friend left you a sweet message on Facebook for your birthday. Your partner got jealous and demanded to know everything. The fight escalated and he threatens you with a pocket knife if you don't let him go through your texts and Facebook messages. There was nothing to find, but he knows the passwords to your phone and all your social media accounts now. (-2 Community, -1 Autonomy, -2 Education, lose all your resource cards and place an X tile on an F&F

space)

	
	-2
	+1
	
	-3
	-1

Intervention



Your best friends confront you, saying they've heard enough stories about this terrible relationship you're in. They don't understand why you don't just leave and stop complaining all the time. "We're sick and tired of hearing about it," they tell you.

You're hurt that they aren't even trying to understand, mad at them for ganging up on your and decide that you will no longer confide in them.

You also feel ashamed and realize you should stop talking about your personal problems to other people.

(-2 Education, +1 Autonomy, -3 Community, -1 Life)

	
	-1
	
	-1
	
Tiles	
	
	-1

Drywall



You missed three calls from him during a meeting at work. He accuses you of having an affair. You tell him that's ridiculous and he just gets angrier. He smashes dishes, and throws a hammer through the drywall, saying next time he'll "aim for your ugly lying, face." He drives you to work now and you stop hanging out with friends because it's just not worth the effort.

(-1 Community, -1 Autonomy, Place an X tile on a Friends & Family space).

When your landlord sees the damage, you are evicted. (Remove one apartment from the board). You wish you knew how to prevent these fights.

	
	+3
	
	+1
	-3
Tiles	
	-1
	+1

Fall out of love



You realize you are no longer in love with your partner. You disclose the abuse to your primary care doctor and get a referral to a therapist, which helps immensely. You are preparing to leave, but you sense that it needs to be done cautiously. Unfortunately, your partner can tell that you don't feel the same about the relationship and it makes fights get much worse. (+3 Autonomy, +1 Community, -3 Life, add a friend tile, remove an X tile)

Health Ins.?	Yes	No
	+1	-1
	+1	-1
	+3	-1
	+3	-2
X		
	+1	+1

Unintended Pregnancy



Your partner prevents you from using birth control. He promises to pull out, but he often doesn't. You get pregnant. You're not ready to be a mom and now you feel like you're stuck because you can't imagine raising a kid by yourself.

Add a kid to one of your resource spaces.

If you have Health Insurance (Life ≥5/10), then your OBGYN asks and you feel safe telling her everything. She does a Danger Assessment, connects you to a therapist, free legal services, domestic violence advocacy and she stores notes and documentation of your injuries. **(+3 Life, +3 Community, +1 Education, +1 Autonomy).**

No Health Insurance: You do not get prenatal care. The abuse escalates dramatically during your pregnancy (-2 Life, X tile on Life). You drop out of school this semester. **(-1 Education, -1 Community, -1 Autonomy).**

	1	4
	2	3 5 6
	-1	+1
	-1	+1
	-1	+1
	-1	+1
X		-1
		+1

Drug Addiction



Your doctor refers you to a psychiatrist for your depression and anxiety. **Roll the dice:**

If 1, 2, 3 - She diagnoses anxiety and depression and gives you xanax and an antidepressant. You get addicted and start using drugs and alcohol to manage your stress and anxiety from the fights with your partner.

(-1 Education, -1 Autonomy, -1 Savings, -1 Community, -1 Health.)

If 4, 5, 6 - She diagnoses and treats your depression, but also recognizes symptoms of PTSD and asks about your relationship. She tells you that no one deserves to be treated that way and that your relationship is abusive. She tells you it's not your fault, connects you to DVAC, and refers you to therapy. **(+1 Education, +1 Autonomy, +1 Community, remove an X tile from the board, add one Friend tile.)**

Event Cards	
	+2

Housekeeping



You didn't clean the house well enough by the time your partner got home from work. It becomes a major fight. Draw (2) more event cards.

TRO?	Yes	No
	+2	
	+2	-2
		-1
		-2
	+2	
X	-1	
		+2
		-All

Death Threats



Your partner threatens to kill you in front of your kids if you don't start behaving better. If you have a TRO (Autonomy ≥5/10), then you call the police and your partner is arrested. (Skip the next fight, **Remove an X tile from the board, +2 Education, +2 Autonomy, +2 Life.**)

If you do not have a TRO (Autonomy <5/10), you are terrified that your partner will make good on the threats and will hurt you, your children or your pets. You send your kids to summer camp (remove any kid tiles from the board) and do your best to not make your partner angry for the next few months. You have no idea where to go or what to do next, and you're worried the next fight will be especially bad. **(-2 Autonomy, -1 Savings, -2 Community, draw (2) extra event cards next fight).**

	1	4
	2	3 5 6
		-1
	+3	-1
	+2	0
		-2
X	+1	-1
		+1

Self-defense classes



You've decided to start taking a self-defense class. It builds your confidence and resolve. You've made friends in class and your partner thinks it's "cute" that you're trying to learn martial arts. **(+1 Autonomy, +2 Community).** Your partner gets physical during an argument and you try to defend yourself with what you learned in class. **Roll the dice:**

1, 2, 3 – Your defense works. You break out of a choke and are able to get away. **(+2 Autonomy, add a friend to the board).**

4, 5, 6 – Initially your self-defense works, but it just makes your partner angrier. Your partner smashes your head against a corner of the wall and chokes you unconscious. You never go to a self-defense class again. **(-1 Education, -2 Autonomy, -2 Community, -2 Health, draw an additional event card, remove a friend from the board)**

	-1
	-1
Tiles	
X	

The Cloud



Your partner threatens to post private photos and videos online if you decide to break-up, which would ruin your career.

(-1 Autonomy, -1 Savings, Place an X tile on an Opportunity space)

Fights	2x next time
	+1
	+3
	+1

Running out of time



Things are getting worse. Fights are more frequent and more severe. You're afraid he could seriously injure you or worse. You start preparing to leave as soon as possible. (+1 Education, +3 Autonomy, +1 Savings).

Next time a 7 is rolled you will experience two fights instead of one.

Fights	2x next time
	+1
	+3
	+1

Running out of time



Things are getting worse. Fights are more frequent and more severe. You're afraid he could seriously injure you or worse. You start preparing to leave as soon as possible. (+1 Education, +3 Autonomy, +1 Savings).

Next time a 7 is rolled you will experience two fights instead of one.

	1	4
	2 3	5 6
	+2	-1
	+1	-2
	+1	-2
	-1	-1
Tiles		
X		
		+1

Rape



You are raped when you try to end the relationship.

Roll a dice. If you roll:

1, 2, 3: Go to the ER. You are treated for sexual assault. Your nurse is trained in discussing domestic violence and you tell her about your relationship. You decide to press charges. (+2 Education, +2 Community, +1 Autonomy, -1 Life).

4, 5, 6: Your partner doesn't let you leave the house and convinces you that the police do anything because you can't be raped in a relationship. You are pregnant. (-1 Education, -2 Autonomy, -2 Community, -1 Life, Place a kid tile on the board).

	-1
	-2
	+1
	-1
Tiles	
X	-1
	+1

Marriage



You get married and have a kid hoping that this will make your relationship better by proving your commitment to your partner.

(-1 Education, -2 Autonomy, +1 Savings, -1 Community, remove an X tile, add a Kid Tile to the board)

TRO?	Yes	No
	-1	-2
		-1
	-1	-3
Other		
		-1

Out of Jail



He hit you in the stomach during an argument at a friend's birthday party. Other people saw and pressured you to leave him and file a police report. You were afraid, but you did. He went to jail for 30 days and just got out.

He shows up at your door. He's very angry and he has a knife. He makes you promise to never snitch on him again and blames you for the jail time. (-3 Life, -1 Community, -2 Autonomy). You believe he is angry enough to kill you, so you know you need

to do whatever he says. (Lose an apartment on an Autonomy space).

*If you have a TRO (Autonomy $\geq 5/10$), the cops come within minutes, so it's not that bad, and he treats you nicer after that. (Only -1 Life, -1 Autonomy).

	Lose all info cards
	-2
	-1
	-1
Tiles	
X	

Traumatic Brain Injury



You are hit multiple times in the head and knocked unconscious by the end of the incident. You continue to have difficulties with your memory.

(-2 Education, lose all your Information cards, -1 Life, -1 Autonomy). If you do not have a safety plan in place (Life $\leq 3/10$), then place an X tile on an Education space.

	+1
	-1
	-1
Other	
	-1

Noise complaint

Your neighbors complain (again) to the landlord about the arguments you have. This is the last straw. You are evicted.

(-1 Autonomy, -1 Community, remove an apartment from the board, draw an event card)



	1	4
	2 3	5 6
	+3	
	+2	
	+2	-2
		-2
Other		
		-1

Call 9-1-1

This argument ends with you locked in the bathroom and your partner yelling threats and pounding on the door. You are afraid and call the police. **Roll the dice:**

1,2,3 – The officers are helpful and supportive. They take your report and gently tell you that relationships like this only get worse. They give you information on community resources for domestic violence. **(+3 Education, +2 Autonomy, +2 Community)**

4, 5, 6 – “What do you want us to do?” the officers shrug. “This seems like a personal matter.” Your partner makes you regret calling the cops as soon as they leave. You are forced to flee your apartment and spend the night in the hospital. **(-2 Community, -2 Life, remove an apartment)**



	1	4
	2 3	5 6
	+2	-1
	+1	-2
	+1	-2
	-1	-1
Tiles		
X		
		+1

Rape

You are raped when you try to end the relationship.

Roll a dice. If you roll:

1, 2, 3: Go to the ER. You are treated for sexual assault. Your nurse is trained in discussing domestic violence and you tell her about your relationship. You decide to press charges.

(+2 Education, +2 Community, +1 Autonomy, -1 Life).

4, 5, 6: Your partner doesn't let you leave the house and convinces you that the police do anything because you can't be raped in a

relationship. You are pregnant.

(-1 Education, -2 Autonomy, -2 Community, -1 Life, Place a kid tile on the board).



	+1
	-1
	-1
Tiles	
X	

Phone Bill

Your partner has been accusing you of being distant and having an affair despite your reassurances. He/She goes through your phone records on your shared phone bill, calls all the unknown numbers, and finds out that you called the DV hotline.

(-1 Education, -1 Autonomy, place an X tile on Information, draw an additional event card).

National Domestic Violence Hotline:
1-800-799-SAFE (7233)



	1	4
	2 3	5 6
		+1
	-2	+1
		+1
	-1	+1
X		-1
		+1
	-1	

Drug Addiction

Your doctor refers you to a psychiatrist for your depression and anxiety. **Roll the dice:**

If 1, 2, 3 - She diagnoses anxiety and depression and gives you xanax and an antidepressant. You get addicted and start using hard drugs and alcohol to manage your stress and anxiety from the fights with your partner. After a downward spiral, you get evicted. **(-2 Autonomy, -1 Life, remove an apartment from the board.)**

If 4, 5, 6 - She diagnoses and treats your depression, but also recognizes symptoms of PTSD and asks about your relationship. She tells you that no one deserves to be treated that way

and that your relationship is abusive. She tells you its not your fault, connects you to DVAC, and refers you to therapy. **(+1 Education, +1 Autonomy, +1 Community, remove an X tile, add one Friend tile.)**



TRO?	Yes	No
	+2	-2
		-2
		-1
Other		
	+1	
		-All

CPS

You have children from a previous relationship. Your partner picks on them when you're not around. A teacher reports your case to CPS and they show up to investigate.

If you have a TRO, they do their best to keep you together and help you find a new place to live.

(+2 Autonomy, +2 Community, add an apartment to the board.)

If not, your kids are put in foster care, which devastates you.

(-2 Autonomy, -2 Community, -1 Life, remove all kid tiles)



EVENT CARDS



EVENT CARDS



EVENT CARDS



EVENT CARDS



EVENT CARDS



EVENT CARDS

